



BEATRIZ MON_ IN ME (Autobiography under construction)

From 27 March to may 22 May

The exhibition is part of **IMAGINARIA #FOTOGRAFIA EN PRIMAVERA**

“The inside journey is perhaps the most dangerous of all. We all keep an inner world but few of us know how to look at it and even less, dare to explore it.”

Ginés Gracia

“Almost everything you do is irrelevant, although it is utterly important to do it”.

Mahatma Ghandhi

In this exhibition at Galería Cànem, artist Beatriz Mon shows her moving images that have been caught through two mirrors - one from her camera objective and one from her studio. Working with this method, she gets self-portraits and reflectographies from self-examination, knowledge and self-assertion.

Alice in Wonderland had to go through the mirror to discover a wonderful, yet mysterious universe, which was deeper inside her. Beatriz Mon deals with the reflection of her own fears and dreams from the outside world. Just with her camera, she undertakes a journey of reflection and learning.

The reflected images, either inverted or not, reveal her inner world. They compose a whole autobiography of gestures and looks, along the fears that affect us, observing our own reflection in her photography.

IN ME (Glossary)

Autobiography: A first person retrospective narration about our own and personal story. The self-reflexive subject enquires about his identity and story. Who am I?

Self-portrait: The artist as the object and subject, the reason of the artistic work, the topic, the self-representation. I look at myself.

Catharsis: Purification, liberation or inner transformation. I evolve.

Under construction: Under development, in process. I am the journey.

To illuminate: To light up, bring light and shine. I am light.

Subconscious: Let the subconscious express itself. Staging the hidden. To flow.

The emotional: Expression of the artist's psychological and existential conditions. The 'I' as a place and space of what is happening. I am the spirit.

IN MI (Autobiography under construction)

The introspective art project gets close to the autobiography and the personal narration with photographic self-portraits.

From cathartic performances, I reveal my privacy in a series of self-portraits and reflectograms, which help to look into vital processes and canalise the creative motivation. At the same time, they help to connect the personal with the rest.

Who are we? What is happening to us? Why are we feeling the way we do? What could we do?

We need to go beyond, overcome the distress, and come out of ourselves connecting with the others and evolve.

Beatriz Mon, Castelló 2021